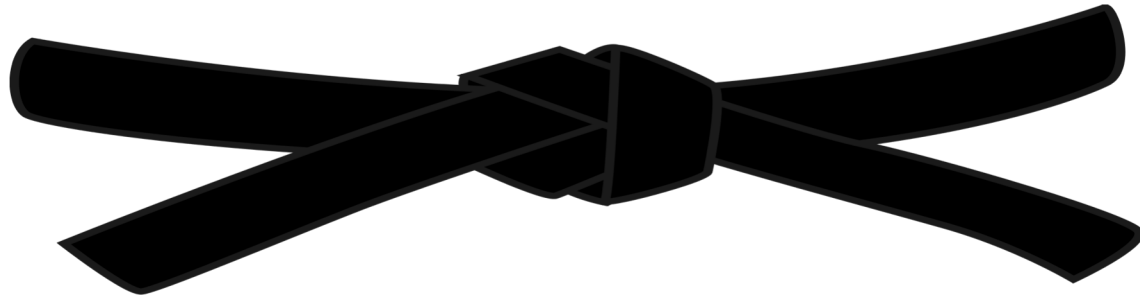


# *Lessons From the Dojo*

How being a sensei can jump-start leadership in the workplace



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WordCamp Rochester 2019  
@mirigoldman

# Hi. I'm Miriam.

- ★ 14 years web development experience
  - Mentoring for the past 3
- ★ 12 years of karate training
  - Currently 3rd dan
  - Actively teaching sensei for the past 9 years
- ★ #WPDiversity Train the Trainers lead

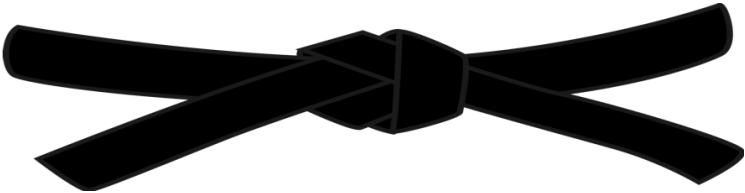
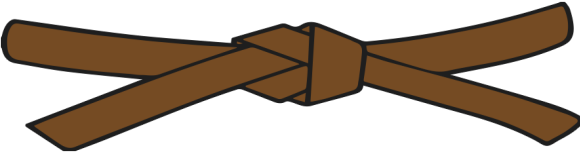
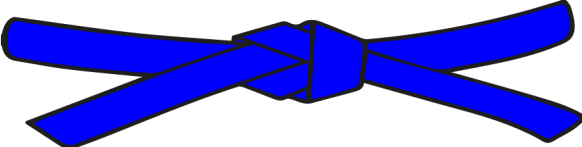
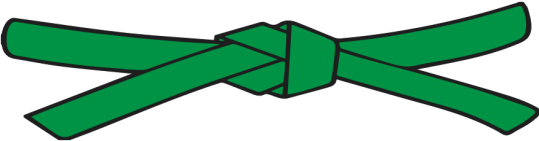
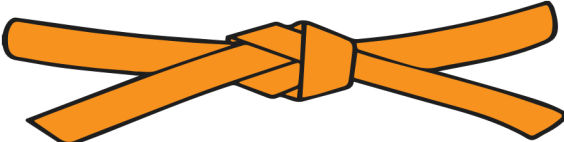
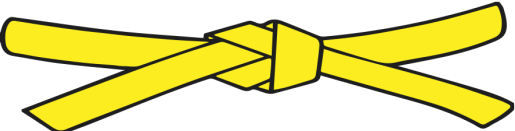
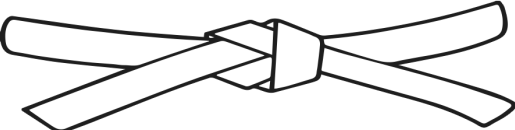


# The personal and professional benefits of karate

- ★ **Self-confidence**
- ★ **Self-discipline**
- ★ **Focus**
- ★ **Attention to details**
- ★ **Dedication**



# Belt levels as career progression



# Sensei and Mentor...different but alike

- ★ Passion for sharing knowledge
- ★ Open-mindedness
- ★ Communicators
- ★ Motivators

# More commonalities

- ★ Loves to teach and learn
- ★ Tolerant
- ★ Patient
- ★ Good listener and communicator

# Lessons Learned

- ★ Learn to lead by example
- ★ Dealing with various personality types
- ★ You learn as your juniors learn
- ★ Joy from the success of others

# What can I do?

- ★ Find your passion!
- ★ Discover your strengths
- ★ Continue to gain knowledge yourself
- ★ You don't need to be in a teaching position!



Thanks!

Let's stay in touch!

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Questions?

